

## Report of the First SMR Gasshuku of Joshin Dojo in Basel November 2014



We were fifteen to gather for this first Gasshuku organized by Joshin. Unfortunately, this weekend some members of Joshin had other obligations. We were a small motivated group, composed of Charles and Ursi, John, Jean-Jérôme, René, Steffen, Severin, Angela, Gail, Veronica, Breno, Yves and myself. (Angela and Steffen are missing on the group photo).

Fifteen gathered around the Ensô which Pascal was kind enough to illustrate with a beautiful calligraphy greatly appreciated by everybody.



For some members of Joshin, this was their first Gasshuku of this school and their first meeting with our teacher Yves Galley.

Yves has chosen to focus on the study of Kihon and Omote series for the very beginners. The others have been able to study the other series: Chudan, Ran Ai, Kage.

On Sunday morning, and in order to give beginners an overview of the school, Yves organized a small demonstration of two Kata of each of the more advanced series: Chudan, Ran Ai, Kage, Samidare up to Gohon No Midare. Also three Kenjutsu Kata and three Tanjo Kata.

In general, everyone was able to practice with everyone. A very good working atmosphere. The theme of "Unity" remained alive throughout the Gasshuku. A common spirit of sharing and learning.

In the evening, Veronique had prepared a great couscous according to an Algerian recipe with hand-rolled semolina. Jean-Jérôme took care of the aperitif, Gail of the dessert, John and me of the digestive ... The evening was good!

An experience that we will be repeated!

Thanks to Yves for his teaching. Thanks to everybody for exchanging practical experience.

Luc

Some comments at Joshin:

- « It was great to meet Yves ! I was looking forward very much to it. He is a great teacher who teaches in a very simple way. It makes you love the thing. I am happy that Joshin is under his guidance. »
- « I was very impressed by Yves's calm, positive manner, and the way he covered so many important aspects of jodo, giving everyone at every level guidance, support and motivation. All that with a great sense of humor! I really enjoyed the group experience as well, and I'm looking forward to the next one! »
- «The workshop was excellent, the teaching was extremely impressive, accommodating a very wide spectrum of capabilities. I look forward to more. »